

MERIDIAN PARKS AND RECREATION ACTIVITY GUIDE

Winter / Spring 2023



ACTIVITIES * FACILITIES * PARKS * SPECIAL EVENTS

Let's Play!

Winter/Spring
2023

Meridian Parks and Recreation

Our Mission

The Meridian Parks and Recreation Department's mission is to enhance our community's quality of life by providing innovatively designed parks, connected pathways, and diverse recreational opportunities for all citizens of Meridian that create lasting memories.

Our Vision

Meridian Parks and Recreation is a premier department that provides family-focused opportunities for the Meridian community and responds to a growing and changing population.

Our Focus Areas

Quality / Community / Fun

Meridian Parks and Recreation Administration

Meridian City Hall—Second Floor
33 E. Broadway Avenue, Suite 206
Meridian, ID 83642

Phone: (208) 888-3579
Fax: (208) 898-5501

E-Mail: recreation@meridiacity.org
Website: meridiacity.org/parks

Hours: Monday—Friday, 8:00 am—5:00 pm

For facility issues after hours, call (208) 409-6666

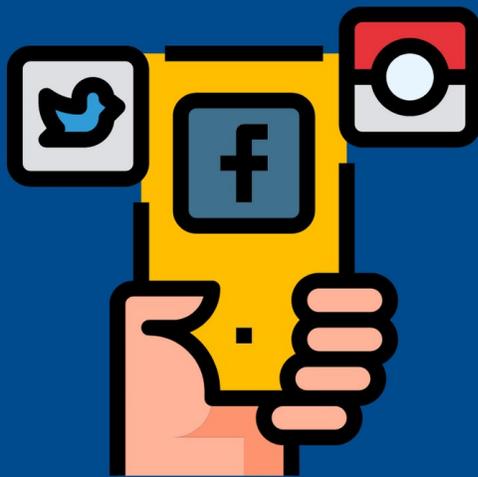
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Our Activity Guides are published online three times a year — typically in April, August and December.



the fastest way TO STAY CONNECTED



Facebook:

City of Meridian
Meridian Parks and Recreation
Storey Bark Park
Meridian Arts Commission

Instagram & Twitter:

@MeridianIdaho

LinkedIn, YouTube & NextDoor:

City of Meridian

A Few of Our Favorite Hashtags: #MyMeridian #MeridianIdaho
#MeridianParks #MeridianArts #MeridianDowntown #PictureMeridian
#HelloMeridian #MeridianLife #MeridianKind #IdaHome #IdahoLiving

City Leadership

Mayor of Meridian

Robert Simison

Meridian City Council

Brad Hoaglun, President
Joe Borton, Vice President
Treg Bernt
Luke Cavener*
Jessica Perreault
Liz Strader

**City Council Liaison to Parks and Recreation Dept.*

Meridian Parks and Recreation Commission

Generally meets the 2nd Wednesday of each month at 5:30 pm at Meridian City Hall. Watch at: [youtube.com/cityofmeridian](https://www.youtube.com/cityofmeridian).

Jo Greer, President
Keith Bevan
Jennifer Bobo
Dom Gelsomino
Elle Hood (Youth)
Mike Medellin
John Nesmith
Mandi Roberts
Brandon Simpson

Parks and Recreation Staff

Director:

Steve Siddoway

Administrative Assistants:

Kaela Hopkins
Rachel Myers
Jeannette Sanchez

Recreation Manager:

Garrett White

Recreation Coordinators:

Skyler Cook (Sports)
Maggie Combs (Sports)
Jenna Fletcher (Classes & Camps)
Renee White (Special Events)

Parks Superintendent:

Mike Barton

Parks Maintenance Manager:

Roger Norberg

Year-Round Parks Maintenance Staff:

John Aceves, Jeremy Aldrich, Dave Cereghino, James Christensen, Kevin Gallivan, Phil Harris, Codi Heaton, Frank Keeney, Wade Maisey, John Meuser, Debbie Miller, Will Rodgers, Rex Rutherford, Dakota Timmons, Dan White

City Arborist:

Kyle Yorita

Arts & Culture Coordinator:

Cassandra Schiffler

Marketing Coordinator:

Shelly Houston

Volunteer Coordinator:

Jaime Del Barrio

Aquatics Coordinator:

Willow Spurlock

Meridian Homecourt Facility Manager:

Jake Garro

Meridian Homecourt Site Supervisors:

Ross Cipriano
Ilhui Lozada-Cortes
Renee McFarland

Sports League Site Supervisor:

Todd Vanderhoff



Message from the Director



Steve Siddoway
Director
Meridian Parks and
Recreation

Every other year, the City of Meridian performs a Citizen Survey to assess the community's perception of city services and other relevant topics. Our most recent survey, administered earlier this year by a national research firm that specializes in surveys for local governments, focused on the quality of services provided both by the City of Meridian directly and those provided by our service partners in the community. Our goal from these surveys is to better understand how Meridian residents view our services.

Upon reviewing the results of the 2022 survey, I was pleased to see that 89% of respondents agreed that Meridian is an excellent or good place to live and raise a family and that they feel safe in our community.

As part of this survey, Meridian's Parks and Recreation services were also rated by residents and scored above the U.S. average for similar services in all seven areas that were evaluated.

These areas included: Quality of Athletic Fields; Quality of Youth Sports Programs; Quality of Adult Sports Programs and Sporting Events; Quality and Variety of Special Events and Festivals; Quality of Pathways for Walking and Biking; Quality and Variety of Recreation Programs and Classes; and Availability of Community Center and Gym Facilities.

The data we extracted from this survey, coupled with the information we gathered through extensive public engagement as part of our recently completed year-long Meridian Parks and Recreation Master Plan Update process, will help us set priorities for the future and identify areas where our services or facilities can be improved.

As we head into the new year, we look forward to working on many of the priority areas you've helped us identify — continuing to expand pathway connectivity, improving communications, planning for a new community center, remaining on the lookout for potential future parkland, and more. We're thankful for your support and engagement during the past year and hope you share our enthusiasm for the coming new year!

If you would like to review the 2022 City Survey results, they can be found online at www.meridiancity.org/citysurvey.



Have you lost or found something in a Meridian park? If so, please call us at 208-888-3579.

SHOP MERIDIAN DOWNTOWN NIGHT

THURSDAY DECEMBER 8TH
5:00 - 9:00PM

Shop small. Support local.
Grab a bite. Enjoy a drink.

Meridian Downtown is staying open for a night of holiday shopping fun!

PROVIDED BY:



Every child in our community
deserves a chance to be active
and play!

Financial Assistance Now Available

for Youth Classes,
Camps and Activities

Learn more about

Meridian Parks and Recreation's
Care Enough to Share
financial assistance program:



Hello! We'd like to let you know about a financial assistance program available to low-income families who would like to keep their children active and engaged in local activities.

Through the Meridian Parks and Recreation Department's **Care Enough to Share** Program, financial assistance with registration fees may be available for children from qualifying families who are interested in participating in the classes, camps and activities offered through the department's seasonal *Activity Guide*.

Qualifying families residing within the City of Meridian can receive assistance for up to 80% of an activity fee or membership, for a maximum of \$200.00 per year/ per child (up to 18 years of age).

To be eligible, families must reside at an address within the Meridian city limits AND be receiving assistance through one of the following programs:

- Free or Reduced School Lunch
- Food Stamps
- Medicaid
- Energy Assistance

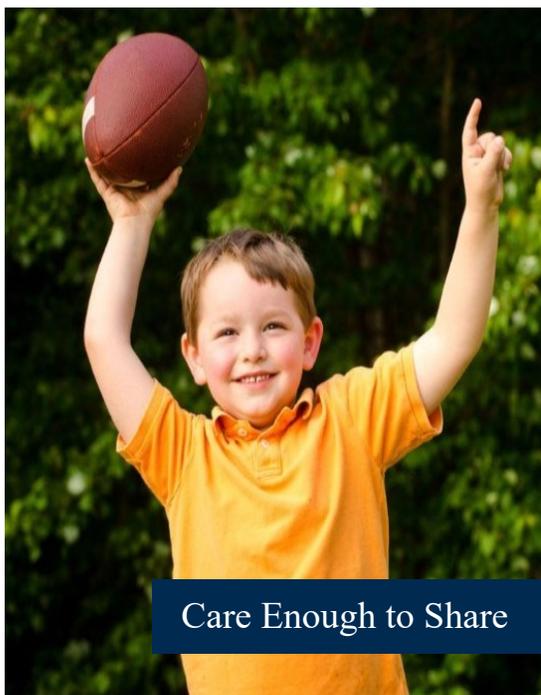
Documentation that the applicant is participating in one of these assistance programs is required and must be provided with application.

A parent/guardian can apply early to pre-qualify for funds for upcoming activities. A completed Care Enough to Share application form must be submitted at least two weeks prior to the desired activity or membership's start date or two weeks prior to the release of the next seasonal *Activity Guide*, whichever occurs first, in order to receive financial assistance. Parents/Guardians will need to fill out the residency information, and what type of assistance they are currently receiving, and, if known, which class, camp, activity or membership they would like to enroll their child in.

The Care Enough to Share application form can be completed online and submitted electronically at: www.meridiancity.org/share.

The Meridian Parks and Recreation Department's seasonal *Activity Guide* describes all classes, camps, and activities currently being offered. The *Activity Guide* can always be accessed online at: www.meridiancity.org/activityguide. New issues of the *Activity Guide* come out each April, August, and December.

If you have any further questions, please call the Meridian Parks and Recreation office at (208) 888-3579 or visit us on the second floor of Meridian City Hall at 33 E. Broadway Avenue in downtown Meridian during regular business hours (Monday—Friday, 8:00 am—5:00 pm). You may also contact us via e-mail at: recreation@meridiancity.org.



Care Enough to Share

How to Register

Registration for Meridian Parks and Recreation's Winter/Spring 2023 programs opens on December 2nd.



Online

Go to www.meridiancity.org/activityguide and click the link to our online registration system. From there you can register and make payment via your credit or debit card.



By Phone

Call us during regular business hours (Monday—Friday, 8:00 am—5:00 pm, excluding major holidays) at **208-888-3579**. Please be prepared to provide us with a credit card number at the time you make your activity registration. Pre-payment is required.



In Person

Visit our administrative office on the second floor of Meridian City Hall at 33 E. Broadway Avenue during regular business hours to register and pay for activities in person. We accept credit cards, cash, or checks payable to: City of Meridian.

Payment

Pre-payment is required at the time all activity registrations or reservations are made. We accept VISA, MasterCard, Discover, cash, and checks payable to the City of Meridian.

Don't Delay — Register Today!

Class and trip minimums must be met three working days before the activity start date. Don't let a great activity be cancelled by waiting until the last minute to register; please register early!

Liability Release Waiver

Registering for any of our programs implies you have read, understood and agree to the following:

The City of Meridian reserves the right to cancel classes when minimum enrollment has not been met. Should this occur, a full refund or credit towards another session will be issued.

The City of Meridian reserves the right to adjust all program times, dates, and locations if necessary.

Refunds must be requested at least **two full working days prior to the activity start date**. All refunds are subject to a \$5.00 service charge.

NOTICE OF WAIVER: Your participation in (or your child's participation in) recreational activities offered by the City of Meridian is subject to your consent to these conditions. Your acceptance of these conditions means that you cannot later bring a claim against the City, its agents, and/or its employees.

1. You acknowledge that participation in recreational activities offered by the City presents risks, some of which are unknown, and agree to assume all risks associated with your or your child's participation.
2. You release and forever discharge the City, its agents, and employees from all real or possible claims for damages or other harm to person or property not attributable to the tortious conduct of the City's agents or employees, regardless of the manner by which such claim may be brought.
3. You consent and authorize first aid, emergency medical care, and/or hospitalization for treatment of injuries or illness that you sustain or your child sustains while or as a result of participating in this activity/activities, in the event that you are not available to provide or obtain such care for yourself/your child.
4. You understand that you are solely responsible for any and all expenses that are incurred as a result of any accident or illness incurred while or as a result of participating in activities offered by the City.
5. You consent to the publication and/or use of any photograph or recordings of you/your child by the City of Meridian for promotional purposes.

Program Locations — Find the Fun!!



- Bear Creek Park** – 2400 S. Stoddard Rd.
- Cole Valley Christian School** – 200 E Carlton Ave.
- Discovery Park** – 2121 E Lake Hazel Rd.
- Gordon Harris Park**—2400 E. Three Bars Dr.
- Heritage Middle School Practice Gym** – 4990 N Meridian Rd.
- Meridian Boys & Girls Club** – 911 N Meridian Rd.
- Meridian Community Center**- 201 E. Idaho Ave.
- Meridian Homecourt** – 936 Taylor Ave.
- Meridian Middle School Wes Lowe Gym** – 1507 W. 8th St.
- Meridian Pool** — 213 E. Franklin Rd.
- Motions Cheer Gym** – 1560 N. Locust Grove, #100
- Motions Dance Studio**- 440 W. Pennwood St. Suite 140
- Public Safety Training Center** – 1223 E. Watertower Lane
- Reta Huskey Park**—2887 Tubac Dr.
- Settlers Park**- 3245 N. Meridian Rd.
- Storey Park** – 205 E Franklin Rd.
- Tully Park** – 2500 N Linder Rd.
- Vertical View Climbing Gym** – 1334 E. Bird Dog Dr.
- Victory Middle School** – 920 W Kodiak Rd.

MERIDIAN'S ANNUAL



Ornament Drop
SATURDAY, DEC. 10

Meridian Commission

Learn more about this all-ages holiday art exchange at:
meridiandecor.com/christmas

Lakeview Golf Club

lakeview-golf.com



Discover Lakeview Golf Club...
an 18-hole community golf course located at
4200 W. Talamore Blvd. in northwest Meridian

Youth & Teen Activities

Amazing Athletes

Ages: 3 – 6

Instructor: Amazing Athletes Staff

Location: Meridian Homecourt

Min/Max: 6/12

Do you have a child with energy to spare and a love of movement? If so, this 5-week program is for you! In our fun and action-packed class, we teach the fundamentals of 10 sports and introduce nutrition and major muscle groups to provide a well-rounded fitness experience. By exploring football, volleyball, soccer, basketball, lacrosse, golf, hockey, tennis, baseball and track and field, we are able to give children a broader understanding of sports. Our unique and non-competitive program is the perfect place for your child to begin developing a love for sports and finding what they enjoy most!

Jan 11–Feb 8 | Wed | 11:45 am–12:30 pm | \$75

Feb 15–Mar 15 | Wed | 11:45 am–12:30 pm | \$75

Mar 29–Apr 26 | Wed | 11:45 am–12:30 pm | \$75

May 3–31 | Wed | 11:45 am–12:30 pm | \$75

Real Dill Pickleball

Ages: 10 – 16

Instructors: A. Rodgers & J. Griffin

Location: Reta Huskey Park

Min/Max: 6/20

The world's fastest-growing sport is now a spring break camp your kids will love. Pickleball has been described as a combination of tennis, badminton and ping-pong. Pickleball helps kids learn hand-eye coordination, agility and balance, and provides social interaction in a team setting. Kids will have so much fun they do not realize the cardiovascular benefits they are receiving, which can improve mood and mental wellness. Each day campers are taught the fundamentals of serving and receiving the ball, volleying, dinking, positioning, and scoring. The Real Dill clinic is led by a highly trained team of coaches and instructors who are carefully chosen to ensure each camper's safety, skill development and individual enjoyment.

Mar 20–23 | M–Thur | 10:00 am–12:00 pm | \$50

Lego Engineering

Ages: 7 – 12

Instructor: Jacquelyn Stafford

Location: Meridian Community Center

Min/Max: 12/20

Race a car, fish with a Lego fishing pole, and walk a moon walker! Don't miss out on this fun and exciting Lego class that teaches children how to build and explore gearing mechanisms and motorized machines while building with Lego technic pieces along with Lego Motors.

Jan 14–Feb 18 | Sat | 12:00–1:30 pm | \$60

Apr 1–May 6 | Sat | 12:00–1:30 pm | \$60

Lego Spike Spring Break Camp

Ages: 9 – 12

Instructor: Jacquelyn Stafford

Location: Meridian Pool

Min/Max: 12/20

Come check out this new and fun way to combine your love of LEGOS with easy coding. SPIKE has colorful LEGO building elements, easy-to-use hardware, and an intuitive drag-and-drop coding language based on Scratch. SPIKE Prime will engage kiddos through playful learning activities like LEGO Break Dancer, Robotic Arm or Racing Car. These activities and more will have kids thinking critically and solving complex problems, regardless of their learning level.

Mar 20–24 | Mon– Fri | 1:00–2:30 pm | \$80





CHRISTMAS IN MERIDIAN



PARADE & TREE LIGHTING

Downtown Meridian
Friday, Dec. 2 @ 7:00 pm

meridiancity.org/christmas

Youth & Teen Activities

Dazzle & Dance Camps

Ages: 4 - 6

Instructor: Janese B.

Location: Motions Dance Studio

Min/Max: 4/16

These specialty camps are perfect for little dancers who are looking for a fun activity without the commitment and structure of a year-long program! Each camp has a new theme with different dances, songs and activities to guide the students on an exciting journey of exploring the creative world of dance! Dancers will be introduced to beginning ballet, jazz, creative movement, and tumbling! Please wear dance attire or athletic clothing (form fitting and stretchable).

Jan 14—**Winter Princess**

Sat | 1:00-2:00 pm | \$15

Feb 11 - **Valentine's Day**

Sat | 1:00-2:00 pm | \$15

March 18 - **Fairies & Flowers**

Sat | 1:00-2:00 pm | \$15

April 8 - **Mermaid Fun**

Sat | 10:00-11:00 am | \$15

Cheer Skills Camp

Ages: 9 and older

Instructor: Motions Cheer Staff

Location: Motions Cheer Gym

Min/Max: 5/25

This cheer camp is for anyone who has ever wanted to try cheerleading! Athletes will work on basic cheer fundamentals including jumps, dance, stunting, tumbling, and cheering with our All Star certified coaches. This is a fun brief introduction to cheer and tumbling to help young kids determine if they want to learn more! For information, please email motions.cyndi@gmail.com

Jan 6 | Fri | 6:30 – 8:00 pm | \$25

Tumbling Skills Camp

Instructor: Motions Cheer Staff

Ages: 6 - 17

Location: Motions Cheer Gym

Min/Max: 5/15

Description: "This skills class is open to all beginning and intermediate tumblers. Our experienced staff will work with each student on drills and skills at their level. Classes are structured to stimulate coordination, balance, strength, basic tumbling skills and creative movement all while learning how to be in an athletic class setting. For more information email. For information, please email motions.cyndi@gmail.com

Jan 13 | Fri | 6:30–8:00 pm | \$25



CPR/AED

Ages: 13+

Instructor: Meridian Fire Department

Location: Public Safety Training Center

Min/Max: 3/6

American Heart Association Adult and Infant CPR/AED certification class taught by Meridian Fire Department staff members. The class will be hands-on and participants should be physically capable to do chest compressions and be on their knees for a portion of the class.

Jan 21 | Sat | 8:00–11:00 am | \$50

Jan 21 | Sat | 12:00–3:00 pm | \$50

Feb 25 | Sat | 8:00–11:00 am | \$50

Feb 25 | Sat | 12:00–3:00 pm | \$50

Mar 25 | Sat | 8:00–11:00 am | \$50

Mar 25 | Sat | 12:00–3:00 pm | \$50

Youth & Teen Activities



SoccerTots

Ages: 3.5 – 5

Instructor: Skyhawks Sports

Location: Meridian Homecourt

Min/Max: 6/18

SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor to student ratio is kept small to maximize individual development and above all else we promote fun!

Jan 16– Feb 6 | Mon | 4:00–4:30 pm | \$72

Jan 20– Feb 10 | Fri | 5:00–5:30 pm | \$72

Feb 13– Mar 6 | Mon | 4:00–4:30 pm | \$72

Feb 17– Mar 10 | Fri | 5:00–5:30 pm | \$72

Apr 3–24 | Mon | 4:00–4:30 pm | \$72

Apr 7–28 | Fri | 5:00–5:30 pm | \$72

May 1–22 | Mon | 4:00–4:30 pm | \$72

May 5–26 | Fri | 5:00–5:30 pm | \$72

BaseballTots

Ages: 3.5 – 5

Instructor: Skyhawks

Location: Meridian Homecourt

Min/Max: 6/28

BaseballTots classes focus on fine and gross motor skill as well as body control. We teach all the baseball basics, such as throwing, catching, hitting, and running control. We are excited to help these little ones develop a love of the game.

Jan 19–Feb 9 | Thur | 4:45–5:15 pm | \$72

Feb 16–Mar 9 | Thur | 4:45–5:15 pm | \$72

Apr 6–27 | Thur | 4:45–5:15 pm | \$72

May 4–25 | Thur | 4:45–5:15 pm | \$72

HoopsterTots

Ages: 3.5 – 5

Instructor: Skyhawks

Location: Meridian Homecourt

Min/Max: 6/28

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Jan 19– Feb 9 | Thur | 5:30–6:00 pm | \$72

Jan 20– Feb 10 | Fri | 4:15–4:45 pm | \$72

Feb 16– Mar 9 | Thur | 5:30–6:30 pm | \$72

Feb 17– Mar 10 | Fri | 4:15–4:45 pm | \$72

Apr 6–27 | Thur | 5:30–6:00 pm | \$72

Apr 7–28 | Fri | 4:15–4:45 pm | \$72

May 4–25 | Thur | 5:30–6:00 pm | \$72

May 5–26 | Fri | 4:15–4:45 pm | \$72

Beginning Golf

Ages: (See below)

Instructor: Skyhawks

Location: Meridian Homecourt

Min/Max: 6/20

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for entry level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Ages: 5 - 8

Jan 14–Feb 11 | Sat | 10:45–11:30 am | \$119

Feb 18–Mar 18 | Sat | 10:45–11:30 am | \$119

Apr 1–29 | Sat | 10:45–11:30 am | \$119

May 6–27 | Sat | 10:45–11:30 am | \$104

Ages: 9 – 12

Jan 14–Feb 11 | Sat | 11:45–12:30 pm | \$119

Feb 18–Mar 18 | Sat | 11:45–12:30 pm | \$119

Apr 1–29 | Sat | 11:45–12:30 pm | \$119

May 6–27 | Sat | 11:45–12:30 pm | \$104

Youth & Teen Activities

Skyhawks Soccer

Ages: 6 – 12

Instructor: Skyhawks

Location: Gordon Harris Park

Min/Max: 6/18

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their skills.

Apr 4–25 | Tue | 5:00–5:50 pm | \$89

May 2–23 | Tue | 5:00–5:50 pm | \$89

Skyhawks Baseball

Ages: 6 – 12

Instructor: Skyhawks

Location: Gordon Harris Park

Mix/Max: 6/18

Learn the fundamentals of fielding, catching, throwing, hitting and base running -- all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

Apr 4–25 | Tue | 6:00–6:50 pm | \$89

May 2–23 | Tue | 6:00–6:50 pm | \$89

Skyhawks VolleyKats

Ages: 4 – 6

Instructor: Skyhawks

Location: Gordon Harris Park

Min/Max: 6/18

A great way to learn the signature sport of summer! One of the more difficult motor skills to grasp for children, these forgiving classes help them learn to bump, set, and spike, as well as develop agility, reaction, speed, and teamwork.

Apr 5–26 | Wed | 5:00–5:45 pm | \$89

May 3–24 | Wed | 5:00–5:45 pm | \$89

Skyhawks Volleyball

Ages: 7 – 12

Instructor: Skyhawks

Location: Gordon Harris Park

Min/Max: 6/18

Skyhawks volleyball take the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginner and intermediate player.

Apr 5–26 | Wed | 6:00–6:50 pm | \$89

May 3–24 | Wed | 6:00–6:50 pm | \$89



Winter Recycling and Trash Collection Events



Christmas Tree Recycling Collection

Meridian residents can recycle their real Christmas tree for free from January 2nd to January 6th.



Post-Holiday Trash Collection

The week after Christmas (December 26th through December 30th), Meridian residents can place extra trash out at the curb for free pick up.



For more information, visit meridiancity.org/trash-and-recycling/events or call Republic Services at 208-345-1265.

Youth & Teen Activities



Martial Arts for All Ages - Beginner

Ages: 6 & older

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Beginning Class teaches a traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes basic techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing. Email Bruce at idahofamilymartialarts@gmail.com if you have any questions.

Fee is \$40 per month for the first student, \$35 per month for a second member of the same family, \$30 for the third member, \$25 for the fourth member, and \$20 for each additional member after that. Fee includes two classes per week.

*Additional fees after the first month paid to instructor.

Jan 3–31 | Tue/Fri | 6:00–7:00 pm | \$40
Feb 3–28 | Tue/Fri | 6:00–7:00 pm | \$40
Mar 3–31 | Tue/Fri | 6:00–7:00 pm | \$40
Apr 4–28 | Tue/Fri | 6:00–7:00 pm | \$40
May 2–30 | Tue/Fri | 6:00–7:00 pm | \$40

Martial Arts for All Ages - Advanced

Ages: 6 & older

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Advanced Class builds on the beginning class to extend the student's knowledge of our traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes advanced techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing. Email Bruce at idahofamilymartialarts@gmail.com if you have any questions.

Fee is \$40 per month for the first student, \$35 per month for a second member of the same family, \$30 for the third member, \$25 for the fourth member, and \$20 for each additional member after that. Fee includes two classes per week.

*Additional fees for testing & uniform paid to instructor

*Advanced classes are for continuing students ranking 3rd gup, or higher.

Prerequisite: students must have taken beginning classes and/or receive permission from instructors.

Note: *Friday classes go until 8:00 p.m.*

Jan 3–31 | Tue/Fri | 6:00–7:00 pm | \$40

Feb 3–28 | Tue/Fri | 6:00–7:00 pm | \$40

Mar 3–31 | Tue/Fri | 6:00–7:00 pm | \$40

Apr 4–28 | Tue/Fri | 6:00–7:00 pm | \$40

May 2–30 | Tue/Fri | 6:00–7:00 pm | \$40



Got Leaves?

Leaf-only drop-off bins will be located in several Meridian parks through Thursday, December 15.

For details, including guidelines and drop site locations, visit meridiancity.org/fall_leaf_recycling.



Youth & Teen Activities



Share Your Photo!

Have you captured an especially great photo of your family, friends or pets enjoying one of Meridian's parks, pathways, activities or special events?

Share it with us by e-mailing it to us at recreation@meridiacity.org and we might use it in a social media post, an upcoming issue of the *Activity Guide*, or in other promotional materials!



Introduction to Rock Climbing

Ages: 8 – 14

Instructors: E. Mitchell

Location: Vertical View Climbing Gym

Min/Max: 4/20

If you haven't tried rock climbing yet, come to Vertical View Climbing Gym and let them show you the ropes! This class teaches the fundamentals of the sport in a safe, fun environment.

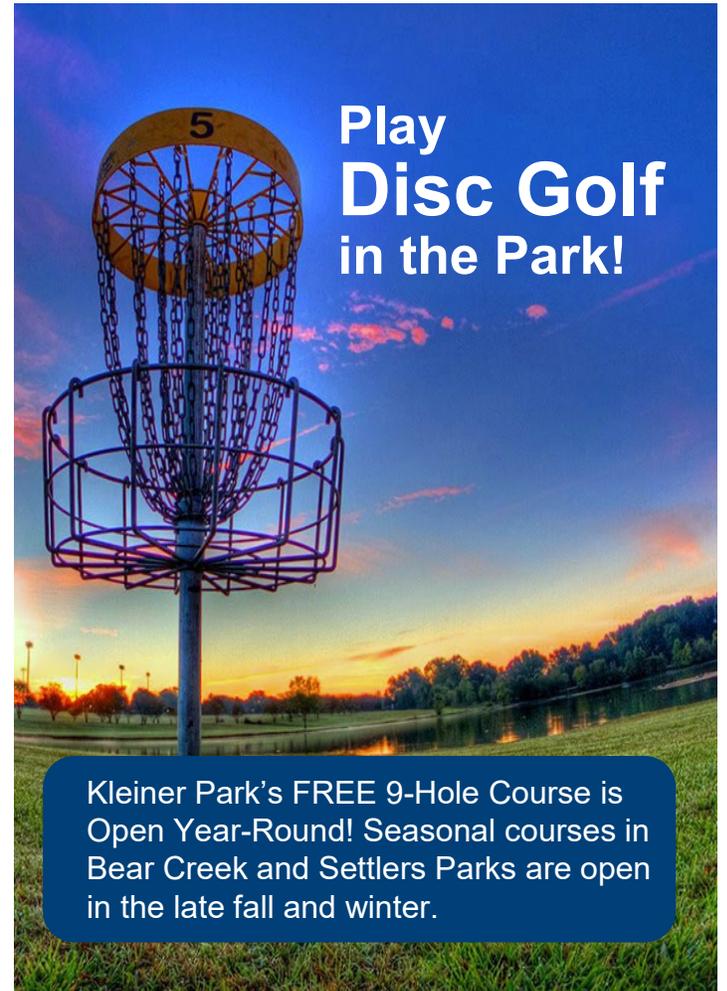
Climbing is an adventure and helps you develop strength, both physically and mentally. Learn how to climb on a top rope as well as the basics of bouldering and the foundations of technical climbing on a vertical and overhanging wall up to 50' high. Class fee includes shoe rental and harness.

Jan 7–Feb 4 | Sat | 2:30–4:00 pm | \$225

Feb 11 –Mar 11 | Sat | 2:30–4:00 pm | \$225

Mar 18–Apr 15 | Sat | 2:30–4:00 pm | \$225

Play Disc Golf in the Park!



Kleiner Park's FREE 9-Hole Course is Open Year-Round! Seasonal courses in Bear Creek and Settlers Parks are open in the late fall and winter.

Youth & Teen Activities

Introduction to Sport of Fencing

Ages: 7 – 14

Instructor: Sill Lyra

Location: Meridian Homecourt

Min/Max: 5/10

Learn the first steps and basic movements of the unique sport of fencing. Coach Sill Lyra, an Olympic Coach at the 2004 Olympics in the Modern Pentathlon, will teach kids an introduction to the sport, the principles, movement and strategy. Fencing improves hand-eye coordination, concentration, physical fitness, confidence, self-esteem and self-respect. Children of all abilities will enjoy exploring this lifelong sport in a safe and positive environment where all levels of accomplishments are recognized.

Jan 9–30 | Mon/Wed | 4:30–5:30 pm | \$120

Feb 1–27 | Mon/Wed | 4:30–5:30 pm | \$120

Mar 1–27* | Mon/Wed | 4:30–5:30 pm | \$120

*no class Mar 20 & 22

Apr 3–26 | Mon/Wed | 4:30–5:30 pm | \$120

May 1–24 | Mon/Wed | 4:30–5:30 pm | \$120

Saturday Do—It—Together Art Workshop

Ages: All Ages

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/13

In this Do—It—Together class, students with their adult counterpart (s) will have fun creating take home projects. Each month we will be focusing on a different form of art, learning basic techniques, how to use materials and how to clean— up our learning space. All materials are included. *Children 12 and under must be accompanied by an adult.

Chipmunk in a Teacup on Canvas

Jan 7 | Sat | 10:00—12:00 pm | \$25

Cupcakes on Canvas

Feb 4 | Sat | 10:00—12:00 pm | \$25

Watercolor Fox Sniffing Flower

Mar 4 | Sat | 10:00—12:00 pm | \$25

Pottery Giraffe Face

Apr 1 | Sat | 10:00—12:00 pm | \$25

Batik

May 6 | Sat | 10:00—12:00pm | \$25



Kendo – Introduction to Japanese Fencing

Ages: 10 & older

Instructor: Robert Stroud

Location: Meridian Homecourt

Min/Max: 4/35

Kendo is a coed sport based on martial arts traditions requiring both mental and physical discipline. The beginning class focus is on learning basic footwork and sword handling, as well as manners and proper etiquette in preparation for the advanced class. Beginning students should wear loose fitting clothes. A bamboo shinai (practice sword) is provided with each registration.

Beginners

Jan 9–Feb 16 | Mon/Thur | 6:30–7:30 pm | \$70

Apr 3–May 11 | Mon/Thur | 6:30–7:30 pm | \$70

Advanced

Notes:

Students must have completed beginning Kendo class, or have instructor's permission
Sunday class time: 8:30 – 10:00 a.m.

Jan 5–Feb 27

Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

Mar 1–Apr 27

Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

May 1–May 31

Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

CHILDREN'S WINTERLAND FESTIVAL

FREE

*Saturday, December 10, 10 am - 3 pm
Meridian Boys & Girls Club Gym*



Admission is free, but please bring a food or cash donation for the Meridian Food Bank!



 ALL AMERICAN INSURANCE, INC.



Santa Would Love to Hear From Your Kids!

SANTA'S MAILBOX is currently in position out on Meridian City Hall's front lawn near Broadway Avenue.

Children who place a letter to Santa inside with a legible return address by Sunday, December 18th will receive a reply from Santa in the mail. (No stamps needed!)

Courtesy of the elves at Meridian Parks and Recreation.

Youth & Teen Activities



Little Pallets Art Classes

Culinary for Kids

Ages: 7 - 13

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/13

In this culinary class for kids, students will learn the basic cooking techniques including how to use kitchen tools and how to keep their area clean. Students will be able to enjoy a sample of their culinary creation during class. All supplies and ingredients included.

Note: Recipes will include dairy, grain, eggs, meat, and spices.

Much Ado about Pasta

Jan 9–Jan 30 | Mon | 4:30–5:30 pm | \$80

Comfort Foods

Feb 6–27 | Mon | 4:30–5:30 pm | \$80

International Cuisines

Mar 6 – Apr 3* | Mon | 4:30–5:30 pm | \$80

**No class Mar 20*

Time for Breakfast

Apr 10–May 1 | Mon | 4:3–5:30 pm | \$80

Cooking Basics

May 15 & 22 | Mon | 4:30–5:30 pm | \$40

Creativity for Early Learners

Ages: 2 – 5

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 3/10

In this parent–child preschool class, students will learn about the world around them through hands-on science and art activities.

Habitat

Jan 3–24 | Tue | 10:00–10:30 am | \$30

Jan 4–25 | Wed | 10:00–10:30 am | \$30

Scientific Method

Jan 31–Feb 21 | Tue | 10:00–10:30 am | \$30

Feb 1–22 | Wed | 10:00–10:30 am | \$30

Water Ways

Feb 28–Mar 28* | Tue | 10:00–10:30 am | \$30

Mar 1–29* | Wed | 10:00–10:30 am | \$30

**No class Mar 21 & 22*

Animal Kingdom

Apr 4–25 | Tue | 10:00–10:30 am | \$30

Apr 5–26 | Wed | 10:00–10:30 am | \$30

Prehistoric World

May 2–30* | Tue | 10:00–10:30 am | \$30

May 3–31* | Wed | 10:00–10:30 am | \$30

**No Class May 9 or May 10*

Bigfoot's Cartooning, Anime, and Comics

Ages: 6 – 16

Instructor: Tony Moramarco, Bigfoot Art Classes

Location: Meridian Community Center

Min/Max: 8/30

Bigfoot teaches fun art projects for kids, tweens, and teens who love cartoons, comics, and anime.

Jan 14 | Sat | 10:00–11:30 am | \$18

Jan 21 | Sat | 10:00–11:30 am | \$18

Feb 18 | Sat | 10:00–11:30 am | \$18

Mar 4 | Sat | 10:00–11:30 am | \$18

Apr 1 | Sat | 10:00–11:30 am | \$18

Apr 15 | Sat | 10:00–11:30 am | \$18

Apr 29 | Sat | 10:00–11:30 am | \$18

Youth & Teen Activities

Intro to Art for Kids

Ages: 6 - 12

Instructor: Ms. Crystal

Location: Meridian Pool

Min/Max: 2/12

In this fun and interactive class, students will experience a variety of art materials and learn art techniques while creating unique art pieces they can take home. All materials are included. We will use air dry clay for our pieces and they are for display only.

Squishmallow Pottery (Pug & Unicorn)

Jan 10– Jan 31 | Tue | 4:15–5:15 pm | \$60

Native American Pottery

Feb 7–28 | Tue | 4:15–5:15 pm | \$60

Enchanted Painting

Mar 7– Apr 4* | Tue | 4:15–5:15 pm | \$60

**No class Mar 21*

Model Magic Creations

Apr 11– Apr 25 | Tue | 4:15–5:15 pm | \$45

Acrylic Desserts

May 2–30* | Tue | 4:15–5:15 pm | \$60

**No class May 9*

Acrylic on Canvas

Ages: 13+

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 3/15

In this acrylic class, students will learn acrylic techniques, color mixing and gradation. All materials are included.

Oceanscape

Jan 5–26 | Thur | 10:00–11:15 am | \$65

Garden Valley Silhouette

Feb 2–23 | Thur | 10:00–11:15 am | \$65

Georgia O' Keefe Flower

Mar 2–30* | Thur | 10:00–11:15 am | \$65

**No class Mar 23*

Cityscape

Apr 6–27 | Thur | 10:00–11:15 am | \$65

Rooster

May 4–Jun 1* | Thur | 10:00–11:15 am | \$65

**No class May 11*

Watercolor

Ages: 13 +

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 3/15

In this watercolor class, students will learn watercolor techniques, color mixing and gradation. All materials are included.

Watery Cityscape

Jan 5–26 | Thur | 12:00–1:00 pm | \$65

Paris Scene

Feb 2–23 | Thur | 12:00–1:00 pm | \$65

The Savanna

Mar 2–30* | Thur | 12:00–1:00 pm | \$65

**No class Mar 23*

Boise Foothills

Apr 6–27 | Thur | 12:00–1:00 pm | \$65

Rose Garden

May 4–Jun 1* | Thur | 12:00–1:00 pm
\$65

**No class May 11*

Drawing Basics

Ages: 13+

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/20

In this drawing basics class, students will learn the basics of drawing, techniques, how to use tools, and the drawing terminology. Areas of study may include still-life, nature, composition, light & shadow, gradation, and texturing. Materials may include pencils, charcoal, sharpie, pastels, and pen and ink. Students will have finished pieces that they can take home. All materials are included.

Jan 5–26 | Thur | 1:30–2:30 pm | \$60

Feb 2– 23 | Thur | 1:30–2:30 pm | \$60

Mar 2–30* | Thur | 1:30–2:30 pm | \$60

**no class Mar 23*

Apr 6–27 | Thur | 1:30–2:30 pm | \$60

May 4–Jun 1* | Thur | 1:30–2:30 pm | \$60

**no class May 11*

Youth & Teen Activities

Pottery for Teens

Ages: 13 - 17

Instructor: Ms. Crystal

Location: Meridian Pool

Min/Max: 3/15

In this interactive pottery class, students will learn basic hand-building techniques, as well as how to use pottery tools. We will be using air dry clay which will not be kiln fired. Items are meant for decoration only. Materials included.

Stranger Things

Jan 5–26 | Thur | 4:00–5:00 pm | \$60

Clay Desserts

Feb 2–23 | Thur | 4:00–5:00 pm | \$60

Tiki Mask

Mar 2–30* | Thur | 4:00–5:00 pm | \$60

**no class Mar 23*

Clay Vase

Apr 6–27 | Thur | 4:00–5:00 pm | \$60

Carved Dragon Egg

May 4–June 1* | Thur | 4:00–5:00 pm | \$60

**no class May 11*

Saturday Art Workshops

Ages: All Ages

Instructor: Ms. Crystal

Location: Meridian Pool

Min/Max: 3/15

In this do it together class, students with their adult counterpart(s) will have fun creating take home projects. Each month we will focus on a different form of art, learning basic techniques, how to use materials, and how to clean up our learning space. Students 12 and under must be accompanied by an adult. All materials are included. Cost is per person.

Peacock on Canvas

Jan 21 | Sat | 10:00 am–12:00 pm | \$50

Poppy on Canvas

Feb 18 | Sat | 10:00 am–12:00 pm | \$50

Southwest Landscape in Chalk Pastel

Mar 11 | Sat | 10:00 am–12:00 pm | \$50

Oceanscape on Canvas

Apr 15 | Sat | 10:00 am–12:00 pm | \$50

Mad Hatter Hat

May 20 | Sat | 10:00am–12:00 pm | \$50

UnderCurrent:

Friday Night Out for Kids

Ages: 5 – 11

Instructor: Little Pallets

Location: Meridian Community Center

Min/Max: 5/20

This fun and interactive night for kids is filled with art, science, games, and a community of friends. All supplies are included. Students are welcome to bring snacks.

Jan 20 — Vikings

Fri | 6:00–8:00 pm | \$30

Feb 17 — Blast off to Space

Fri | 6:00–8:00 pm | \$30

Mar 10 — Mythical Creatures

Fri | 6:00–8:00 pm | \$30

Apr 21 — Creepy, Crawly Bugs

Fri | 6:00–8:00 pm | \$30

May 19 — Dragons

Fri | 6:00–8:00 pm | \$30

Kiln Fired Pottery

Ages: 13 +

Instructor: Little Pallets

Location: Meridian Pool

Min/Max: 5/15

In this pottery class, students will learn a variety of pottery techniques and try out pottery tools. We will be using kiln fired clay which will make it safe for outside display and food safe. Cost includes all materials including kiln firings, clay and glazes.

Soup Bowl

Jan 7 & 28 | Sat | 1:00–3:00 pm | \$80

Coffee Mug

Feb 4 & 25 | Sat | 1:00–3:00 pm | \$80

Flower Vase

Mar 4 & Apr 1 | Sat | 1:00–3:00 pm | \$80

Birdhouse

Apr 8 & 29 | Sat | 1:00–3:00 pm | \$80

Platter

May 6 & 27 | Sat | 1:00–3:00 pm | \$80

Got Holiday Lights?

Don't toss those unwanted holiday string lights! Instead, consider recycling them. String lights and electronics cannot be placed in your recycling cart. *But*, they can be recycled at the Meridian Transfer Station or at the Household Hazardous Waste Site. Holiday lights will be accepted through January 14, 2023.

Meridian Transfer Station:

Holiday String Lights (remove any batteries)
Electrical cords
Plastic Rope Lights

Household Hazardous Waste Site:

Battery Packs
Rechargeable Batteries
CFL Light Bulbs

2130 West Franklin Rd., Meridian | 208-345-1265 | meridiancity.org/light-recycling



WE ARE HIRING!
★ TEAM ★
MERIDIAN
ONE TEAM, ONE MISSION

View our current openings at meridiancity.org/jobs

Adult & Senior Activities

The Power of Food Prep

Ages: 18+

Instructor: Amy Lawrence

Location: Meridian Community Center

Min/Max: 6/20

If you're like most busy people who often resort to ordering out or picking up something "quick" at the store when you're too exhausted to cook, there's a better way. With meal planning and prep you can have healthy gourmet, home-cooked meals every day by cooking only a few days a week. You don't have to be a "Type A" person and can have every meal planned out with my method. In this class you will learn:

- an easy way to prep healthy meals that doesn't require you to spend the entire day in the kitchen

- a simple method to cook only a few hours a week

- a solution that doesn't require you to eat the same thing five days in a row

- the basic tools you need to meal prep

Attendees will also receive the instructor's latest book - *The Power of Food Prep*

Jan 17 | Tue | 11:00–12:30 pm | \$40

Jan 24 | Tue | 11:00–12:30 pm | \$40

Feb 7 | Tue | 11:00–12:30 pm | \$40

Feb 21 | Tue | 11:00–12:30 pm | \$40

Mar 7 | Tue | 11:00–12:30 pm | \$40

Mar 14 | Tue | 11:00–12:30 pm | \$40

Apr 4 | Tue | 11:00–12:30 pm | \$40

Apr 18 | Tue | 11:00–12:30 pm | \$40

May 9 | Tue | 11:00–12:30 pm | \$40

May 23 | Tue | 11:00–12:30 pm | \$40

Yoga



Yoga – All Levels

Ages: Teen, Adult & Senior

Instructors: S. Lind, N. Dean, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

Designed for all levels of yoga experience, from beginners to more advanced practitioners. Come join us for some feel-good, breath centered Hatha yoga. Bring your own sticky yoga mat. Block, blankets and straps are available but please free to bring your own.

Jan 9–Feb 13 | Mon | 7:00–8:00 pm | \$50

Jan 12–Feb 16 | Thur | 7:00–8:00 pm | \$50

Jan 14–Feb 18 | Sat | 8:00–9:00 am | \$50

Feb 20–Apr 3 | Mon | 7:00–8:00 pm | \$50

Feb 23–Apr 6 | Thur | 7:00–8:00 pm | \$50

Feb 25–Apr 8 | Sat | 8:00–9:00 am | \$50

Apr 10–May 29 | Mon | 7:00–8:00 pm | \$50

Apr 20–May 25 | Thur | 7:00–8:00 pm | \$50

Apr 15–May 27 | Sat | 8:00–9:00 am | \$50

Yoga - Gentle Yoga

Ages: Teen, Adult & Senior

Instructors: S. Lind, N. Dean, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

A gentle approach to classic Hatha Yoga with an emphasis on breathing and safely moving through the poses. This class is designed to maintain and improve your flexibility, agility, strength and balance. Bring your own sticky yoga mat. Block, blankets and straps are available but please free to bring your own.

Jan 9–Feb 13 | Mon | 12:30–1:30 pm | \$50

Jan 11–Feb 15 | Wed | 12:30–1:30 pm | \$50

Feb 20–Apr 3 | Mon | 12:30–1:30 pm | \$50

Feb 22–Apr 5 | Wed | 12:30–1:30 pm | \$50

Apr 10–May 29 | Mon | 12:30–1:30 pm | \$50

Apr 12–May 31 | Wed | 12:30–1:30 pm | \$50



Adult & Senior Activities

Somatic Yoga & Gentle Stretch

Ages: Teen, Adult, & Senior

Instructors: S. Lind, N. Dean, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

Clinical somatic yoga uses slow, gentle exercises to relieve pain and improve your posture. A compassionate way to find release from stress and chronic tense muscles. Please be comfortable getting up and down from the floor.

Jan 11–Feb 15 | Wed | 7:00–8:00 pm | \$50

Feb 22–Apr 5 | Wed | 7:00–8:00 pm | \$50

Apr 12–May 31 | Wed | 7:00–8:00 pm | \$50

Yoga – Unlimited Yoga

Ages: Teen, Adult & Senior

Instructors: S. Lind, N. Dean, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/20

This option is for participants who would like to practice yoga more than once a week. For one low rate, you may attend any or all of the classes listed above during the dates of your desired session. Bring your own sticky yoga mat. Yin/Restorative Yoga is not included in Unlimited Yoga.

Jan 9–Feb 18

Mon/Wed/Thurs/Sat | See times above | \$70

Feb 21–Apr 8

Mon/Wed/Thurs/Sat | See times above | \$70

Apr 10–May 31

Mon/Wed/Thurs/Sat | See times above | \$70



Yin, Restorative & Guided Meditation Workshop

Ages: Adult & Senior

Instructors: S. Lind, N. Dean, J. Kunzman, C. Monnard-Debourse

Location: Meridian Community Center

Min/Max: 4/16

Yin yoga stretches the connective tissues in the body, increasing circulation in the joints and improving flexibility. Poses are held for a longer period of time, which encourages a deep sense of calm and stress relief. Restorative yoga allows muscles to relax in a passive way using props. Class ends with a guided meditation. Please bring your own sticky mat, blanket and pillow.

Note: This workshop is not included in the Yoga Unlimited option.

Jan 22 | Sun | 3:00–4:30 pm | \$15

Feb 26 | Sun | 3:00–4:30 pm | \$15

Mar 19 | Sun | 3:00–4:30 pm | \$15

Apr 16 | Sun | 3:00–4:30 pm | \$15

May 21 | Sun | 3:00–4:30 pm | \$15

Adult & Senior Activities



Ages: 18 & older
Instructor: Mary Chapin
Location: Multiple Locations
Min/Max: 2/40

Jazzercise is the original dance party workout. Blending dance, Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long lean muscles and an undeniable mood boost. Your instructors are certified for maximum fun in a safe environment. Flexibility to participate at both locations. Bring your mat and water bottle and join the fun! Monthly registration is for unlimited classes at both locations. Purchase entire winter/spring package (Jan - May) and receive 10% off.

Meridian Homecourt

Jan 2–30 | Mon/Wed/Thur/Fri/Sat | 9:30–10:30 am | \$69

Feb 1–27 | Mon/Wed/Thur/Fri/Sat | 9:30–10:30 am | \$69

Mar 1–31 | Mon/Wed/Thur/Fri/Sat | 9:30–10:30 am | \$69

Apr 1–29 | Mon/Wed/Thur/Fri/Sat | 9:30–10:30 am | \$69

May 1–31 | Mon/Wed/Thur/Fri/Sat | 9:30–10:30 am | \$69

Meridian Community Center

Jan 3–31 | Tue/Thur | 5:30–6:30 pm | \$69

Feb 2–28 | Tue/Thur | 5:30–6:30 pm | \$69

Mar 2–30 | Tue/Thur | 5:30–6:30 pm | \$69

Apr 4–27 | Tue/Thur | 5:30–6:30 pm | \$69

May 2–30 | Tue/Thur | 5:30–6:30 pm | \$69



Kleiner Park Memorial Plaza

*Create a lasting
legacy for someone
special...*



Pay tribute to someone you love or admire by purchasing an engraved granite paver in their honor at the Kleiner Park Memorial Plaza. The plaza is located just west of the Meridian Senior Center near the Rock of Honor Veterans Memorial.

Standard pavers (4"x8") cost \$150; Large pavers (8"x8") cost \$250.

Learn more by contacting Meridian Parks and Recreation by telephone at 208-888-3579 or via e-mail at recreation@meridiacity.org.

Belly Dance (Raqs Sharqi)

Ages: 16 +

Instructor: Jahanara

Location: Meridian Community Center

Min/Max: 2/12

Find a new motivation to move! Learn dance moves from Egypt, Turkey, Persia and other North African and Middle-Eastern Countries. Appropriate for all fitness levels. Class is taught by dancer who has studied North African and Middle-Eastern dances for more than 30 years.

Jan 4–Feb 22 | Wed | 5:30–6:30 pm | \$95

Mar 1–Apr 26* | Wed | 5:30–6:30 pm | \$95

*no class Mar 22

May 3–31 | Wed | 5:30–6:30 pm | \$50

Pickleball 101

Ages: 50+

Instructors: Nick & Tami Leach

Location: Meridian Homecourt

Min/Max: 4/12

Pickleball is the fastest growing sport in America. It is a combination of badminton, tennis and ping pong. It can be played indoors or outdoors on a badminton size court using a whiffle ball and composite paddle. It is easy for beginners to learn and can develop into competitive play for experienced players. Price includes weekly use of paddles and balls. Participants must wear proper court/tennis shoes.

Jan 5–26 | Thurs | 1:15–2:45 pm | \$80

Feb 9–Mar 2 | Thurs | 1:15–2:45 pm | \$80

Mar 16–Apr 6 | Thurs | 1:15–2:45 pm | \$80



Adult & Senior Activities

Kendo – Introduction to Japanese Fencing

Ages: 10 & older

Instructor: Robert Stroud

Location: Meridian Homecourt

Min/Max: 4/35

Kendo is a coed sport based on martial arts traditions requiring both mental and physical discipline. The beginning class focus is on learning basic footwork and sword handling, as well as manners and proper etiquette in preparation for the advanced class. Beginning students should wear loose fitting clothes. A bamboo shinai (practice sword) is provided with each registration.

Beginners

Jan 9–Feb 16 | Mon/Thur | 6:30–7:30 pm | \$70

Apr 3–May 11 | Mon/Thur | 6:30–7:30 pm | \$70

Advanced

Note: Students must have completed Beginners Kendo class or have instructor's permission

Note: Sunday class time is: 8:30–10:00 am

Jan 5–Feb 27

Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

Mar 1 – Apr 27

Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

May 1–31

Sun/Mon/Wed/Thur | 6:30–8:30 pm | \$70

CPR/AED

Ages: 13+

Instructor: Meridian Fire Department

Location: Public Safety Training Center

Min/Max: 3/6

American Heart Association Adult and Infant CPR/AED certification class taught by Meridian Fire Department staff members. The class will be hands-on and participants should be physically capable to do chest compressions and be on their knees for a portion of the class.

Jan 21 | Sat | 8:00–11:00 am | \$50

Jan 21 | Sat | 12:00–3:00 pm | \$50

Feb 25 | Sat | 8:00–11:00 am | \$50

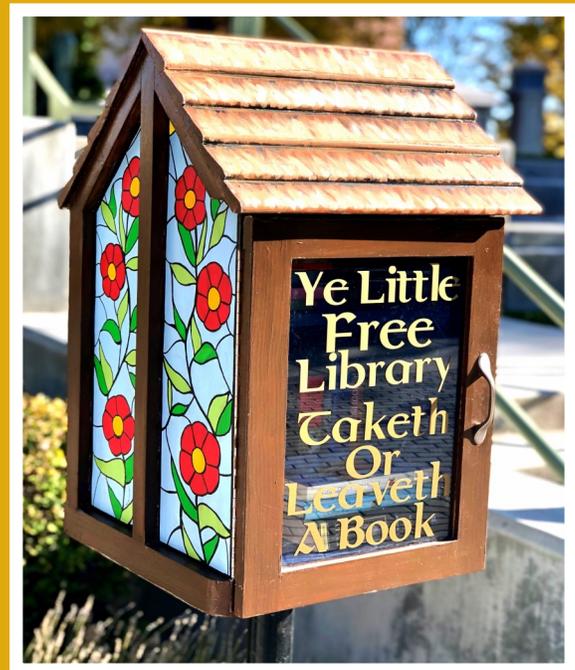
Feb 25 | Sat | 12:00–3:00 pm | \$50

Mar 25 | Sat | 8:00–11:00 am | \$50

Have you visited the **LITTLE FREE LIBRARY**

Located in
Meridian City Hall's
Outdoor Plaza

*Take a Book
You'd Like to Read
Leave a Book
Others Might Enjoy!*



Your donation of books in good condition is always appreciated!

Simply place them inside the Little Free Library any time or drop them at City Hall's front reception desk during regular weekday business hours.

VISIT INITIAL POINT GALLERY

See the work of talented artists each month

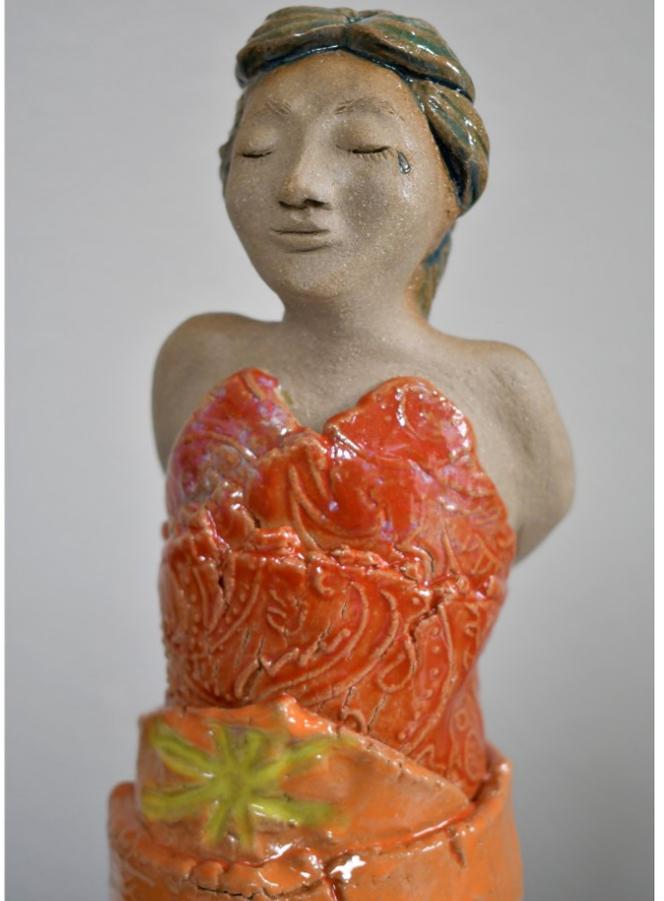
Meridian City Hall
Third Floor
Monday-Friday, 8am-5pm
Free Admission

MEET THE ARTISTS!
Opening Receptions for
Each New Exhibit

Cindi Walton



Leslie Jay Bosch



Mark Shawver

Opening Receptions
4:30 - 7:00 pm

December 16, 2022
February 7, 2023

March 7, 2023
April 4, 2023

Learn more at: meridiacity.org/mac

Adult & Senior Activities

Martial Arts for All Ages - Beginner

Ages: 6 & older

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Beginning Class teaches a traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes basic techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing. Email Bruce at idahofamilymartialarts@gmail.com if you have any questions.

Fee is \$40 per month for the first student, \$35 per month for a second member of the same family, \$30 for the third member, \$25 for the fourth member, and \$20 for each additional member after that. Fee includes two classes per week.

*Additional fees after the first month paid to instructor.

Jan 3–31 | Tue/Fri | 6:00–7:00 pm | \$40

Feb 3–28 | Tue/Fri | 6:00–7:00 pm | \$40

Mar 3–31 | Tue/Fri | 6:00–7:00 pm | \$40

Apr 4–28 | Tue/Fri | 6:00–7:00 pm | \$40

May 2–30 | Tue/Fri | 6:00–7:00 pm | \$40

Martial Arts for All Ages - Advanced

Ages: 6 & older

Instructor: Master Bruce Rosenberger

Location: Meridian Homecourt

Min/Max: 5/25

Idaho Family Martial Arts / Tang Soo Do Advanced Class builds on the beginning class to extend the student's knowledge of our traditional Korean martial art that emphasizes a balance of hand and foot techniques. Instruction includes advanced techniques, forms, self-defense, sparring and weapons. Tang Soo Do provides a life-long pursuit of healthy living, self-confidence, and integrity for the entire family. Wear loose, modest clothing. Email Bruce at idahofamilymartialarts@gmail.com if you have any questions.

Fee is \$40 per month for the first student, \$35 per month for a second member of the same family, \$30 for the third member, \$25 for the fourth member, and \$20 for each additional member after that. Fee includes two classes per week.

*Additional fees for testing & uniform paid to instructor

*Advanced classes by Family Tang Soo Do are for continuing students ranking 3rd gup, or higher.

Prerequisite: students must have taken beginning classes and/or receive permission from instructors.

Note: Friday classes go until 8:00 p.m.

Jan 3–31 | Tue/Fri | 6:00–7:00 pm | \$40

Feb 3–28 | Tue/Fri | 6:00–7:00 pm | \$40

Mar 3–31 | Tue/Fri | 6:00–7:00 pm | \$40

Apr 4–28 | Tue/Fri | 6:00–7:00 pm | \$40

May 2–30 | Tue/Fri | 6:00–7:00 pm | \$40

Would you like to receive the latest news & Specials from **Lakeview Golf Club** sent directly to your phone?



TEXT GOLF

TO 208-803-0110

(Lakeview)

to start receiving
news & specials.

*You will only receive a few text messages per month. Message and data rates may apply. Text STOP to stop and HELP for help. By texting in you agree to receive text messages from Lakeview Golf Club at your mobile number.



Adult & Senior Activities

Line Dancing - Beginner

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Just starting out? This is the class for you. Line Dances are patterns of steps repeated throughout a song. Patterns in this Beginner class are pretty simple and easy to memorize. Randy can tailor the class to your needs, so just be sure to let him know if he should slow it down or speed it up. Line dancing is fun for all ages. Bring the kids or grandkids. Even the young ones can learn the easy dances and mixers. No charge for dancers under the age of 12.

Contact Randy with questions: 208-941-4853.

Jan 1–29 | Sun | 4:00–5:00 pm | \$30

Feb 5–26 | Sun | 4:00–5:00 pm | \$24

Mar 5–26 | Sun | 4:00–5:00 pm | \$24

Apr 2–30 | Sun | 4:00–5:00 pm | \$30

May 7–28 | Sun | 4:00–5:00 pm | \$24

Line Dancing – Improver

Ages: Teen, Adult & Senior

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

No longer a beginner? Not quite intermediate? Then this is the class for you. Call Randy for any questions: 208-941-4853

Jan 1–29 | Sun | 5:00–6:00 pm | \$30

Feb 5–26 | Sun | 5:00–6:00 pm | \$24

Mar 5–26 | Sun | 5:00–6:00 pm | \$24

Apr 2–30 | Sun | 5:00–6:00 pm | \$30

May 7–28 | Sun | 5:00–6:00 pm | \$24

Line Dancing - Intermediate

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

If you know the basic patterns and steps to line dancing and if you have mastered syncopations and are ready to move into phrasing and longer patterns with restarts and tags, then you are ready to join us in our intermediate level line dance class. So, bring your talent and join in. Contact Randy with questions: (208) 941-4853.

Jan 1–29 | Sun | 6:00–7:00 pm | \$30

Feb 5–26 | Sun | 6:00–7:00 pm | \$24

Mar 5–26 | Sun | 6:00–7:00 pm | \$24

Apr 2–30 | Sun | 6:00–7:00 pm | \$30

May 7–28 | Sun | 6:00–7:00 pm | \$24

Line Dancing – Choose Your Dates

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Can't attend line dance class every Sunday? Then here is the option for you. You can now choose which Sundays you want to attend. There are 22 classes scheduled during the winter months of January, February, March, April & May. Register for this class for \$105 and choose which 17 classes you want to attend January through May.

Contact Randy with questions: (208) 941-4853

Jan 1–May 28 | Sun | See times above | \$105



Looking for Dazzling Christmas Lights to View or Want to Share Your Light Display with Others?

Visit the interactive
COMMUNITY LIGHT DISPLAY MAP
at www.meridiancity.org/christmas.

Adult & Senior Activities

Intro to Dance

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

What is country dance? This class will introduce you to some of the basic country dances, such as, west coast swing, east coast swing, country 2-step, nightclub 2-step, polka, waltz and pattern dances. As a group we will decide which dances to focus on during each class. No partner needed. Contact Randy with questions: (208) 941-4853.

Jan 3–31 | Tue | 7:05–8:00 pm | \$50

Feb 7–28 | Tue | 7:05–8:00 pm | \$40

Mar 7–28 | Tue | 7:05–8:00 pm | \$40

Apr 4–25 | Tue | 7:05–8:00 pm | \$40

May 2–30 | Tue | 7:05–8:00 pm | \$50



Intermediate 2-Step

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

You will need to know the basic step for the 2-step, (quick, quick, slow, slow) to attend this class. Along with some fun patterns, you will learn the importance of positioning, timing, and connection. No partner needed. Contact Randy with questions: (208) 941-4853.

Jan 3–31 | Tue | 9:05–10:00 pm | \$50

Feb 7–28 | Tue | 9:05–10:00 pm | \$40

Mar 7–28 | Tue | 9:05–10:00 pm | \$40

Apr 4–25 | Tue | 9:05–10:00 pm | \$40

May 2–30 | Tue | 9:05–10:00 pm | \$50



West Coast Swing

Ages: 18+

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

West Coast swing is a popular form of swing dancing that has spread across the world. Part of the appeal of WCS is that it is an adaptable dance. It can be danced to a variety of musical styles and genres. In addition, the dance itself creates room for improvisation and interaction between the partners. Learning West Coast Swing will improve your confidence, promote a mind-body connection, and impress your friends and family. No partner needed.

Jan 3–31 | Tue | 8:05–9:00 pm | \$50

Feb 7–28 | Tue | 8:05–9:00 pm | \$40

Mar 7–28 | Tue | 8:05–9:00 pm | \$40

Apr 4–25 | Tue | 8:05–9:00 pm | \$40

May 2–30 | Tue | 8:05–9:00 pm | \$50

Couples Social Dance – Choose Your Dates

Ages: Teen, Adult & Senior

Instructor: Randy Lattimer

Location: Meridian Homecourt

Min/Max: 5/30

Can't attend dance class every Tuesday January - May? Then this is the option for you. You can now choose which Tuesdays you want to attend. There are 22 classes this winter/spring. Register for this class and choose which 17 classes you want to attend September through December. You do not need a partner to attend these classes. Contact Randy with any questions. 208-941-4853

Jan 3–May 30 | Tue | See Above Times | \$180

Adult & Senior Activities

Digital Photography 101

Ages: 16+

Instructor: David Wuerth

Location: Meridian Community Center

Min/Max: 3/8

Digital photography 101 is intended for owners of DSLR and advanced point & shoot cameras. This class will cover shutter speeds, lens openings, ISO, shooting modes and basic camera operations with the goal of helping camera owners gain a better understanding of how to use their photography gear. Other material covered includes software, accessories, composition and shooting situations. Students under 16 need to be accompanied by a paid adult.

Jan 3–24 | Tue | 6:30–8:00 pm | \$75

Feb 7–28 | Tue | 6:30–8:00 pm | \$75

Apr 4–25 | Tue | 6:30–8:00 pm | \$75



Advanced Photography Techniques

Ages: 16+

Instructor: David Wuerth

Location: Meridian Community Center

Min/Max: 3/8

This class, taught by freelance photographer David Wuerth, is designed for photographers who are familiar and comfortable with their gear. Some of the subjects covered: portrait and wedding photography, sports, candid photography, gear and more. The class goal is to help you capture the images you see in your mind. Bring your camera and questions to class.

Mar 7–28 | Tue | 6:30–8:00 pm | \$75

McCall Winter Carnival Senior Excursion

Ages: 50+

Departs from : Kleiner Park. Park in front of the Rock of Honor Memorial

Min/Max: 30/50

Join us for a day trip on a large motor coach to the McCall Winter Carnival to see the wonderful ice sculptures.

Upon arriving in McCall, you will spend a few hours exploring the ice sculptures and taking in the views of McCall.

Lunch will be on your own or you can bring a sack lunch. We'll view a few additional sculptures from the bus on our way out of town.

Maps of the winter carnival and restaurant suggestions will be available. Some rousing rounds of BINGO and fun trivia questions will help pass the time on the bus.

Jan 31 | Tue | 8:00 am– 6:00 pm | \$35





Meridian's Volunteer Program Needs You!

- ◆ Help ensure everyone enjoys Meridian's beautiful city parks by patrolling them in our electric vehicle, by bicycle, or on foot.
- ◆ Greet visitors at Meridian City Hall's front reception desk.
- ◆ Lend a hand in City departments, at various community events, or with special projects.
- ◆ Take part in individual or group service projects.
- ◆ Be a Golf Course Ambassador at Lakeview Golf Course.



A variety of indoor and outdoor volunteer opportunities are available throughout the year.

Let us know what interests you!

Note: Some volunteer positions require that participants be 18+ years old and submit to a criminal background check.



INTERESTED? CONTACT MERIDIAN PARKS AND RECREATION

Call (208) 888-3579 or e-mail: recreation@meridiacity.org

or visit www.meridiacity.org/volunteer

Meridian Homecourt

OPEN GYM

Join the Fun
at the

Meridian Homecourt

936 Taylor Avenue
Meridian, Idaho
(208) 288-4400

Learn more online at:
[meridiacity.org/
homecourt](http://meridiacity.org/homecourt)



The Meridian Homecourt is the City of Meridian's 49,000 square foot indoor sports court facility featuring four full-sized basketball courts.

These courts can be converted to accommodate twelve pickleball courts and six volleyball courts.

The Meridian Homecourt also features a large multi-purpose room where additional classes and activities can be held.

The facility provides the community a clean, safe, well-maintained place to enjoy all types of indoor recreation year-round!



*To find the Meridian Homecourt,
turn north onto NW 10th Street from Franklin
Road between Meridian and Linder.
Follow NW 10th until it curves right and you'll
see the Meridian Homecourt up ahead!*

To view the current activity schedule and
access additional information,
please call or visit us online at
www.meridiacity.org/homecourt



SPORTS



ADULT SPORTS LEAGUES & TOURNAMENTS

**Please visit our website for
current offerings and
information updates.**

MERIDIANCITY.ORG/PARKS/SPORTS

Host Your Next Outdoor Gathering at Our Place!

Looking for a fun and unique location to hold an outdoor get-together? Meridian's City parks have picnic shelters in a variety of sizes ideal for casual meetings and celebrations for groups of up to 400 people!

While nearly all of Meridian parks have individual picnic tables you can use for free on a first-come first-served basis for impromptu picnics, you will need to make a pre-paid reservation in advance if you wish to utilize one of our covered picnic shelters and its amenities on a specific date and time for a gathering or special event.

During 2023, picnic shelter reservations will be available April 8 —October 15. We will begin accepting reservations for the 2023 shelter season on Wednesday, February 1, at 8:00 am.

You can research your options, check availability, book and pay for a shelter reservation online at meridiancity.org/parks at

any time or with the assistance of our staff via telephone or an in-person visit to the 2nd floor of Meridian City Hall during our regular weekday business hours, which exclude major holidays.

All of our picnic shelters feature a shade covering, picnic tables, trash receptacles, charcoal or gas grill, electricity, and nearby restroom facilities. Additional field space or sports fields may also be available to rent.

Park visitors are expected to adhere to all park use policies and may be required to purchase additional permits when applicable.

You can learn more about our parks and park use policies at meridiancity.org/parks.

Note: *In the event that Covid restrictions might impact a reservation you've made, our staff will contact you to discuss any necessary*



Meridian's Parks, Plazas and Pathways

Picnic Shelter Rental Options

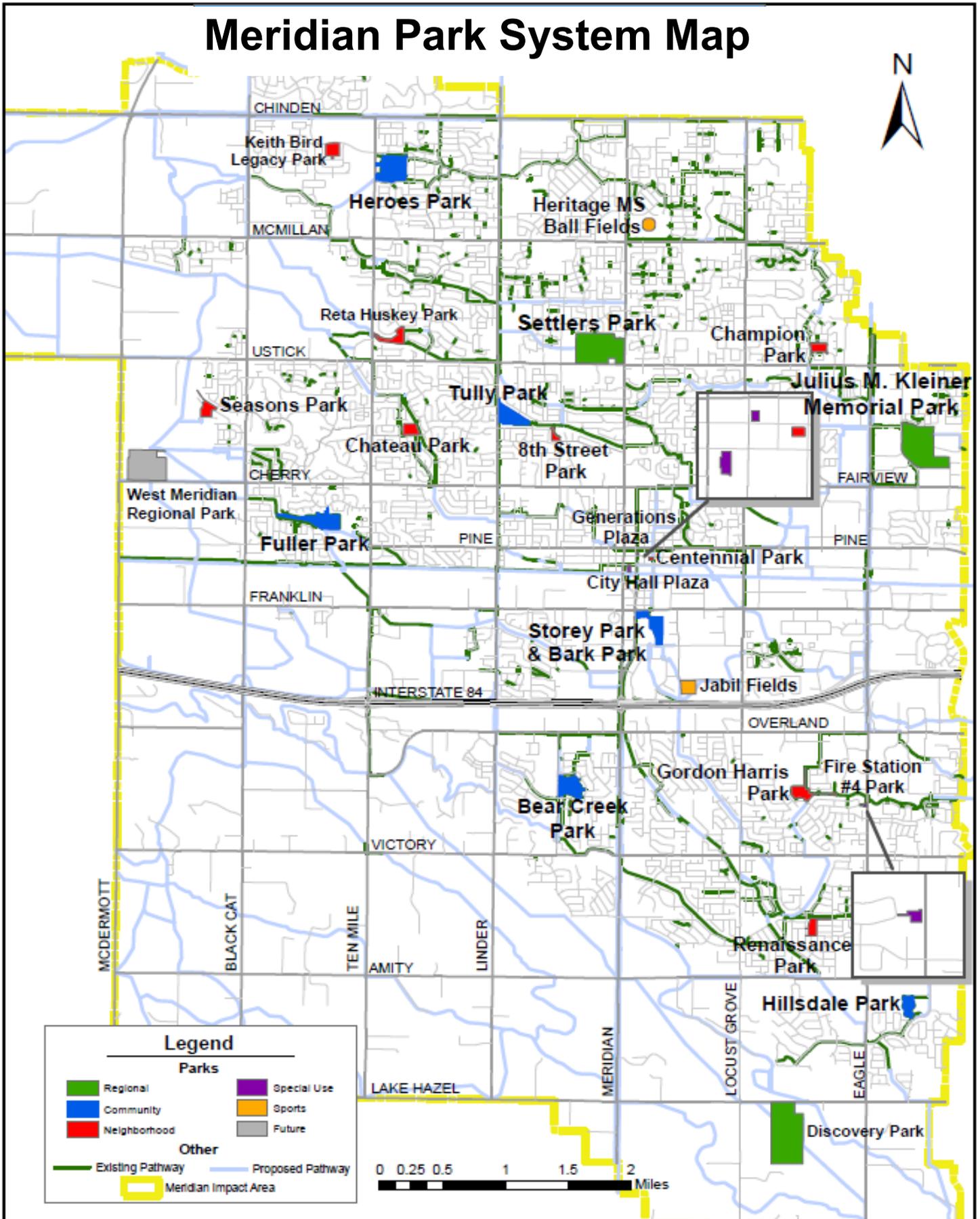
For additional information or to place a reservation, visit meridiandcity.org/parks or call 208-888-3579.

PARK	# of PICNIC SHELTERS	PICNIC SHELTER MAX. CAPACITIES	PICNIC SHELTER RENTAL FEE RANGE* (Per Rental Time Block — Pre-Payment Required)
Discovery Park <i>2121 E. Lake Hazel Road</i>	3	150—300	\$75—\$125 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Julius M. Kleiner Memorial Park <i>1900 N. Records Avenue</i>	5	100—400	\$50—\$150 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Settlers Park <i>3245 N. Meridian Road</i>	3	50—200	\$50—\$75 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Bear Creek Park <i>2400 S. Stoddard Road</i>	1	100	\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Fuller Park <i>3761 W. Park Creek Drive</i>	3	50—100	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Heroes Park <i>3064 W. Malta Drive</i>	1	300	\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Hillsdale Park <i>3801 E. Hill Park Street</i>	2	50—100	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Storey Park <i>205 E. Franklin Road</i>	2	200	\$40—\$50 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
Tully Park <i>2500 N. Linder Road</i>	2	50—300	\$40—\$75 Per 4-Hour Time Block Choose 9am—2pm or 4pm—9pm
8th Street Park <i>2235 N.W. 8th Street</i>	1	30	\$40 Noon—9pm
Centennial Park <i>223 E. Idaho Avenue</i>	1	30	\$40 Noon—9pm
Champion Park <i>3430 N. Troxell Way</i>	1	30	\$40 Noon—9pm
Chateau Park <i>2640 W. Chateau Drive</i>	1	30	\$40 Noon—9pm
Gordon Harris Park <i>2400 E. Three Bars Drive</i>	1	50	\$40 Noon—9pm
Keith Bird Legacy Park <i>3737 W. Lost Rapids Drive</i>	1	30	\$40 Noon—9pm
Renaissance Park <i>4155 S. Genoard Avenue</i>	1	30	\$40 Noon—9pm
Reta Huskey Park <i>2887 Tubac Drive</i>	1	30	\$40 Noon—9pm
Seasons Park <i>5300 W. Ridgeside Street</i>	1	30	\$40 Noon—9pm

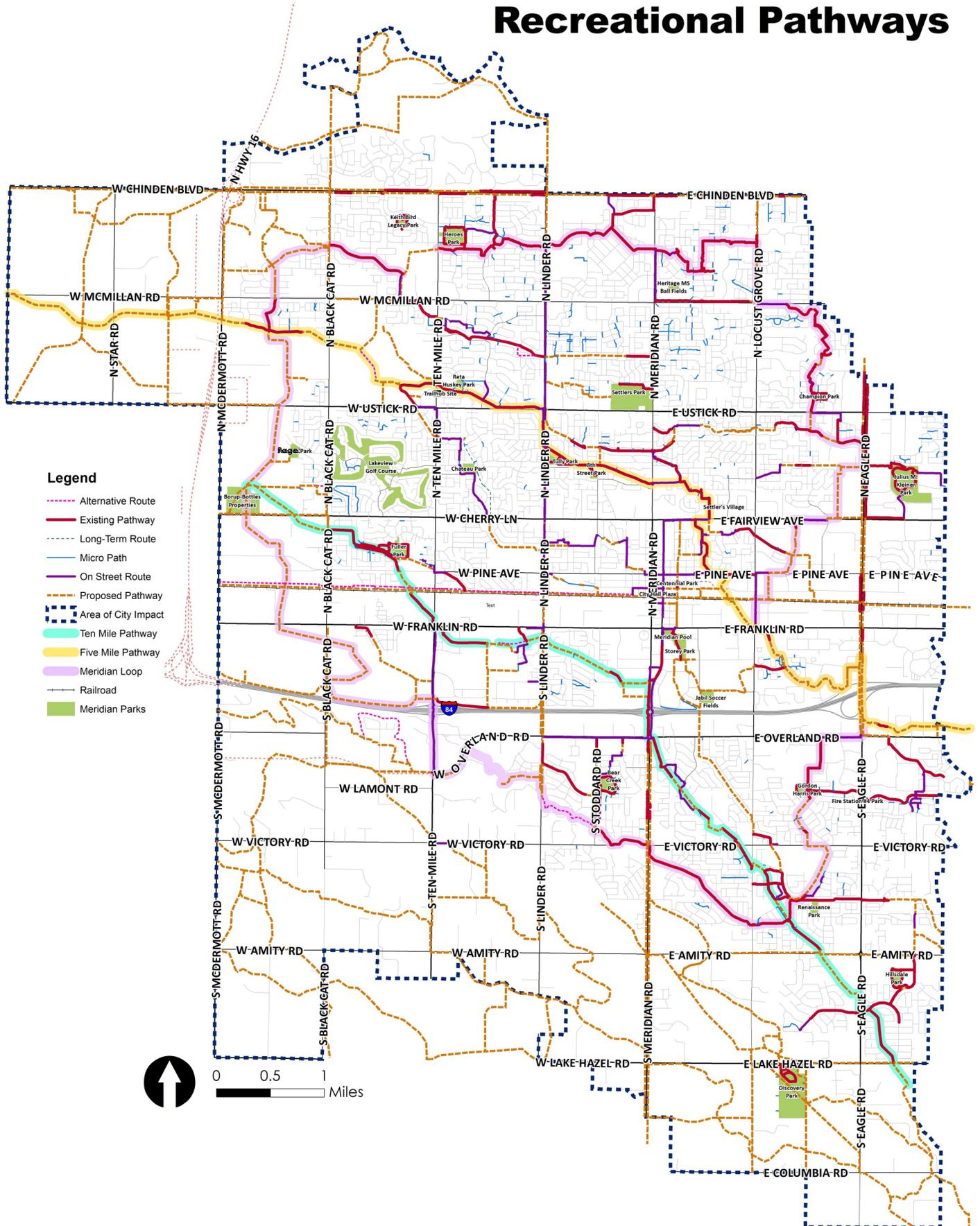
*Additional fees may apply or permits be required for amplified sound permit, gas bbq rental, bounce house permits, rental of nearby playing fields, and excess clean-up or repairs. Full-day rental options are also available for the picnic shelters located in first nine parks listed.

Meridian's Parks and Pathways

Meridian Park System Map



Recreational Pathways



MERIDIAN'S DOG PARKS

Where Meridian Dogs Take Their People to Play!

The City of Meridian has two dedicated off-leash dog parks where well-behaved dogs can safely romp and play while their owners have a doggone good time socializing with fellow dog enthusiasts — Storey Bark Park (430 E. Watertown Lane) and Discovery Bark Park (2121 E. Lake Hazel Road).

Dog park amenities include safe leashing/unleashing areas, separate large and small dog areas, shade shelters, water sources, agility playthings, paved walkways, a variety of ground surfaces, mutt mitt stations, tables and benches, and nearby restrooms and parking.

Both dog parks are free to the public and open year-round from sunrise to sunset daily.

Our Dog Park Rules:

- ◆ Use park at your own risk
- ◆ Owners are responsible for the actions and behavior of their dogs
- ◆ Aggressive dogs must be removed immediately
- ◆ Dogs must have current license and vaccinations
- ◆ Owners must clean up after their dogs
- ◆ No dogs in heat
- ◆ Owner must be present and in control of their dogs at all times
- ◆ All dogs must be leashed outside the fenced area
- ◆ Children must be closely supervised
- ◆ Park hours are dawn to dusk



Big or Small... You Must License Them All

Meridian City Code 6-2-3 requires that all dogs living in the City of Meridian that are over six months old be licensed each calendar year.

Licensing ensures that dogs living within the City are rabies-vaccinated and enables them to be reunited with their owners if found running loose.

To learn how you can obtain a new license or renew an existing license for your dog(s), please call 208-888-4433 or visit the Meridian City Clerk's Office at Meridian City Hall or go online to:

meridiacity.org/clerk/dog-licenses



City of Meridian
Parks and Recreation Department
33 E. Broadway Avenue, #206
Meridian, Idaho 83642
(208) 888-3579
recreation@meridiacity.org
meridiacity.org/parks