

MADC Meeting Minutes June 16, 2016

General Meeting Attendees (17): Brandon Fraiser, Janie Ramos, Bethany Gadzinski, Howard Davis, Chakoma Tahuri, Joanne Graff, Kristi Lampe, Larry Kelley, CJ Stirm, Mary Liz Jones, Matt Parsons, Cheryl Mulvihill, Kendall Nagy, Natalie Marti, Ginny Gobel, Suzie Delyea, Carol Dixon

General Meeting 4:00pm:

- 1. Welcome / Introductions: Cheryl Mulvihill
 - a. Sector representatives were informed that email addresses will be posted on the <u>MADC</u> <u>website</u> unless they specifically let Kendall know they *don't* want it posted. No one came forward at this time.
- 2. Approval of May Meeting Minutes: Cheryl Mulvihill
 - a. Motion by Larry, second by Janie Ramos, All approved
- 3. Guest Speakers: Idaho Federation of Families for Children's Mental Health
 - a. Carol Dixon, family support coordinator, spoke on behalf of the federation. She explained it is a National Organization whose mission is to provide support, education and advocacy for families with behavioral, emotional and mental health needs. She talked about a new pilot program of respite care for families and children with mental health needs. The federation has a You Tube site where all of the Parent Webinars they offer are accessible if you miss the live ones.
 - b. Suzie Delyea, youth coordinator, spoke about <u>Idaho Youth M.O.V.E.</u>, Motivating, Others Through, Voices of, Experience. Youth M.O.V.E. Idaho is a youth-driven advocacy group that is part of Youth M.O.V.E. National. They advocate for youth who have mental health challenges as well as help other youth become their own advocates. We strive to give every youth a voice to help their recovery. The youth wish to share their story to help communities understand the importance of understanding mental illness and stigma.
- 4. Cpl. Frasier, DRE gave a brief report on the prosecutor training in McCall he was invited to attend. MPD DRE's have been selected to provide peer training to new prosecutors. There was discussion involving several states that have legalized marijuana including Washington, Oregon, Colorado, California and N.J. Not surprisingly, money spent on legalization campaigns fueled the passing of the legislation. Discussion on whether or not Idaho has had any initiatives of Marijuana legalization.
- 5. Coalition Updates: Kendall Nagy
 - a. MADC bought 102 Safe and Drug Free School Zone signs to be placed throughout the district. Kendall read a letter of appreciation from Superintendent Dr. Mary Ann Ranells.
 - b. The professional review panel for the 2nd Glance Program has approved a candidate to proceed to the final phase of the application process which is meeting with Dr. Grant.
 - c. Based on the RX Take-Back survey results (see attached report) community members are holding on to RX meds in an unsecure location despite knowing youth abuse is a problem in Meridian. Our RX Drop Off site in the MPD is very successful however the Take Back Our mission is to strengthen our community through substance abuse prevention.

Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.



event has low attendance. Despite increased advertising and promotion of the most recent Take Back event in April, we had the same amount (within a pound) of RX drugs turned in this year and last.

- d. CableONE movie night will be hosted by MADC on July 8th, volunteers are still needed to help with this event. If you are able to help out please contact us.
- 6. Community Outreach Updates:
 - a. Natural High at Meridian Speedway, CJ Stirm: this was CJ's first event as a Youth Sector Rep. and Natural High Ambassador for MADC. There was good turn out and kids and adults enjoyed checking out her car while she talked about her Natural High. 7 MADC volunteers helped make this night fun and successful. You can see some of the photos on the <u>MADC Facebook</u> page.
 - b. Bobby STRONG Fun Run / Walk, Cheryl Mulvihill: MADC had a booth at the race that included CJ and her racecar. It was well attended but bittersweet.
- 7. Member Updates / Open Discussion / Closing Comments:
 - a. Janie Ramos: busy training/working. Attends MADC meetings.
 - b. Kristi Lampe: signed up to volunteer at CableONE movie night.
 - c. CJ Stirm: volunteered at two events and attended this months meeting.
 - d. Ginny Gobel: working with <u>Phoenix Multisport</u>, an organization that fosters a supportive, physically active community for individuals who are recovering from a substance use disorder and those who choose to live sober. Through pursuits such as climbing, hiking, running, strength training, yoga, road/mountain biking, socials and other activities, they seek to help members develop and maintain the emotional strength they need to stay sober. Please contact Ginny or MADC if you are interested in supporting the efforts to bring this organization to our community. (It aligns perfectly with our Natural High Campaign!)
 - e. Howard Davis: held a fishing class/demo at Meridian Elementary teaching fishing as a natural high. Disperses prevention and MADC brochures at each of his free clinics (requested additional brochures).
 - f. Larry Kelley: thanked Cheryl for speaking at the Senior Center and requested additional MADC brochures for the center.
 - g. Chakoma Tahuri: attending first MADC meeting in new position at CDHD. Continued collaboration with West Ada School District teaching tobacco cessation classes.
 - h. Joanne Graff: announced her retirement and introduced Chakoma as the liaison between CDHD and MADC for continued collaboration.
 - i. Mary Liz Jones: Taking the free Peer to Peer training offered through MPD as a way to gain knowledge on how to increase Peer to Peer involvement in MADC through the Natural High campaign.
 - j. Natalie Marti: organizing a conference for youth safety titled Think Twice. Will be held October 19-21, 2016. Think Twice will be registering 48 students from the West Ada



School District. Topics will include Texting and Driving, RX Abuse, Bulling, cell phone use, drugs, mental health, gangs and several others. They are looking for speakers as well as food donations.

- k. Cpl. Frasier: working DUI Task Forces
- I. Bethany Gadzinski: may have speakers for Think Twice Conference.
- m. Sgt Parsons: commended coalition members, very impressed with the work being done.

Meeting Adjourned at 5:00pm